



Editorial

TARGET National: A UK-wide Liquid-based Molecular Profiling Programme On Behalf of the TARGET National Consortium

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Over the last two decades, oncology research has been focused on deciphering the biological processes responsible for cancer development and growth, with the promise of finding targetable molecular vulnerabilities [1]. The historical 'one size fits all' approach to cancer treatment based on tumour histology alone is associated with limited efficacy and a major focus of modern drug development is directed towards precision medicine, targeting treatments towards key molecular drivers [2,3]. In recent years, a growing body of targeted drugs have successfully entered the clinic, such as ROS1 [4,5] and KRAS G12C [6] inhibitors for lung cancer, spurred by rapid advances in sequencing technologies that enable the identification of oncogenic variants.

Most precision medicine clinical trials have focused on tissue-based assays to screen cancer patients for a panel of genomic variants amenable to experimental and/or approved targeted therapies [7–14]. Typically, next generation sequencing (NGS) assays are used as the most cost-effective approach to screen for a range of genetic alterations, maximising use of available tissue. In patients receiving targeted treatment based on profiling findings (i.e. 'matched' therapy), modest improvements in response rates, progression-free and/or overall survival have been achieved [7–14], but the highest benefit is consistently seen in those patients with definitive clonal driver alterations matched to selective targeted pathway inhibitors. As an exemplar, response rates to agents such as alectinib [ALK

tyrosine kinase inhibitor (TKI)] in *ALK*-rearranged lung cancer are as high as 83% [15]. In EGFR mutant patients, osimertinib (EGFR-TKI) has shown a 71% response rate with a hazard ratio for progression-free survival of 0.30, compared with platinum-based chemotherapy [16]. An additional benefit of selecting patients for targeted therapies is to spare treatment toxicity to those unlikely to derive benefit.

An increasing number of genetic alterations are also seen across multiple disease types, so-called tumour agnostic alterations, such as *NTRK* rearrangements resulting in activating *NTRK* fusions. These occur in <1% of cancers overall (albeit more frequently in a small number of rare cancers) and as a recognised clonal driver, response rates to TRK TKIs across disease types are >60% [17–19]. We must, therefore, broaden access to cost-effective sequencing as a routine diagnostic across cancer types to maximise precision medicine opportunities for our patients.

The use of tissue-based assays in precision medicine trials is inherently limited and increases risk and burden for cancer patients. There are often challenges with insufficient or poor-quality tissue resulting in failed analysis, and delays in obtaining samples can lead to slow turnaround times, risking patient deterioration before a result is obtained. Furthermore, testing is often carried out on samples that can be months or even years old, giving inadequate representation of genomic variants that may have developed during the course of disease secondary to drug pressures and clonal evolution [20]. In addition, tissue samples depict only the mutations in a defined area of a single tumour site,

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hence intra- and intertumoural heterogeneity is poorly represented [21].

In this context, the use of blood-based (liquid) biopsies, in particular circulating tumour DNA (ctDNA), has emerged as a promising tool for genomic analysis. Our original TARGET (Tumour Characterisation to Guide Experimental Targeted Therapy) trial was one of the first studies to capitalise on the use of ctDNA analysis to guide targeted experimental cancer therapies [22]. Patients with advanced solid cancer referred to the Experimental Cancer Medicine Team at the Manchester Cancer Research Centre for early phase clinical trials were offered ctDNA NGS testing using an in-house targeted sequencing panel to detect mutations in 641 cancer-associated genes. Data from the first 100 patients (TARGET Part A) demonstrated identification of actionable mutations in 41% patients; of whom 11% received a matched therapy. In addition, analysis of matched tissue samples showed good concordance between the tissue and blood-based assays in keeping with other studies [23–25]. These results support the use of minimally invasive liquid biopsies for comprehensive genomic profiling, with the additional advantage of ease of sampling, quicker turnaround compared with tissue-based testing and representation of the mutational landscape across all disease sites [20]. Notably, the analysis from the remaining 420 patients (TARGET Part B), to assess the clinical utility of ctDNA profiling, is currently ongoing. Notwithstanding, ctDNA is not detectable in all patients with differences in prevalence across disease types and tumour burden [20,26], thus tissue-based testing will still play an important and complementary role. Our intention is to broaden the access to liquid-based molecular profiling for patients and harness expertise across the UK early phase trial community for identification of suitable clinical trials to enhance matching rates.

Trial Design

TARGET National is a multicentre translational study to establish a national framework to offer molecular profiling from blood (or tissue) samples for patients being considered for early phase clinical trials across the Experimental Cancer Medicine Centre (ECMC) network in the UK (Figure 1). As of July 2022, TARGET National is open for recruitment in nine ECMCs and will expand rapidly to open at all adult centres across the country to recruit 6000 patients over a 5-year period.

Eligible patients should provide written consent, have histologically confirmed diagnosis of advanced solid cancer, be ≥ 16 years of age and fit enough to receive an experimental therapeutic agent. Patients will be expected to have received at least one prior line of therapy (but any line of treatment is permitted). Importantly, eligible patients must not currently be receiving systemic anti-cancer treatment (due to the potential impact on ctDNA analysis), unless the patient has clear evidence of progression on hormone-based therapies or TKIs. To ease trial access, cancer patients treated across the UK are encouraged to be referred through to any of the participating sites.

The main focus of TARGET National is genomic profiling via ctDNA due to ease of acquisition but investigators will have the option to submit tumour tissue if this is considered more appropriate, such as in cases of low tumour burden or cancers, such as sarcoma, where ctDNA levels are often lower [27]. Up to 60 ml of blood can be drawn from consented patients, but initially two tubes of 8.5 ml will be acquired for ctDNA analysis with Foundation One® Liquid CDx. This is a comprehensive NGS assay that covers 324 cancer-related genes for somatic point mutations, indels, copy number changes and fusions and two genomic signatures: tumour mutational burden and microsatellite status. The test requires the input of ≥ 25 nanograms DNA, further technical specifications can be found on the Foundation Medicine website [28]. Results will be turned around within 14 days and then discussed in a national molecular tumour board (MTB), where requested.

Relevant clinical data (including patients' demographics, previous therapies and family history) will be collected in a MACRO database developed and managed by Liverpool Clinical Trials Centre. For patients matched to an experimental treatment, data on tumour response and progression-free survival on matched treatment will also be collected. The consolidated dataset including genomic and associated clinical data will be made available through public repositories at the end of the study, creating a unique and valuable resource for the cancer research community. All patients will be consented to sharing of their pseudo-anonymised clinical genomic data.

Anonymised clinical data and raw genomic data will be uploaded to eTARGET [29], a bespoke digital solution, developed by digital the Experimental Cancer Medicine Team in Manchester and now available open source. This cloud-based software tool integrates clinical and genomic sequencing data, to facilitate a virtual national MTB discussion. Not all patient results will be discussed in the MTB due to capacity, but investigators will have the option to refer any cases where there is uncertainty regarding the findings/interpretation of results. This fortnightly meeting consisting of clinicians, biologists, clinical and translational scientists and bioinformaticians, reviews sequencing results and provides feedback to referring clinicians and patients regarding any 'actionable' alterations and/or any known available clinical trials (supported by trial finding software). In addition, the national MTB will give its recommendation for the need for confirmation and/or the disclosure of incidental germline findings. MTB outcomes are recorded in eTARGET, accessible to all investigators through secured access, and reports can be exported and uploaded to local electronic patient records.

Unlike local tumour boards, the national MTB sits in a unique position within the ECMC network, to access the collective expertise of professionals across the country and promote referrals between centres for available trials. Moreover, it provides a national platform to discuss and learn the clinical interpretation of complex genomic read-outs and help to train oncologists in the rapidly advancing field of genomics and precision medicine.

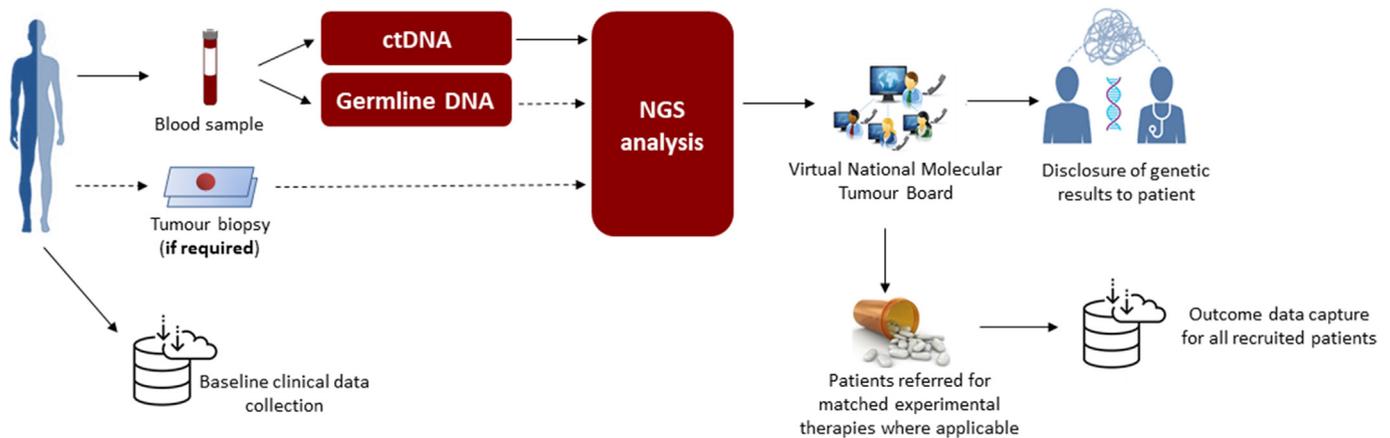


Fig 1. TARGET National trial schema.

The main risks for study participants are complications related to blood and (if required) tissue sampling. Data concerning incidental germline findings might cause distress to patients and their families. To minimise this risk, participants will have the option to opt out from receiving this information at consent. Patients deemed eligible for matched experimental therapies will be referred through to a recruiting site for further evaluation and discussion regarding the relevant trial.

Delivery of the TARGET National programme requires considerable resources, including clinical trial coordination support, ethical and regulatory processes, management of databases, investigator time for MTB discussion and feedback of results to patients, software solutions for clinical genomic data integration and maintenance, cost of NGS assays and bioinformatics support, coordination of sample acquisition/shipping and project management.

TARGET National: Vision and Potential Impact

TARGET National will fundamentally enhance opportunities and expand the reach for patients to participate in early phase trials of molecularly targeted cancer therapy trials in the UK.

By using a liquid-based broad NGS panel, we will be able to interrogate simultaneously a wide range of genomic alterations, thus reducing sequencing costs and enhancing opportunities for trial recruitment. The strong collaborations between the ECMC network will facilitate access to early phase clinical trials and reduce nationwide disparities in access to molecular profiling. Importantly, TARGET National complements the strategic approach of the NHS England Genomic Medicine Service to provide equitable access to genomic testing. The Genomic Medicine Service is currently focused on tissue-based testing aligned to the national genomics test directory for specific indications with associated reimbursed therapies as part of standard-of-care guidelines [30]. TARGET National complements this endeavour through provision of liquid biopsy and broad

panel genomic testing in a population of patients considered fit enough for early phase clinical trials.

TARGET National will serve as the first national registry to capture the molecular characteristics of the early phase oncology population in the UK and the clinical outcome of patients treated with matched therapies. In addition, it will provide an important evidence base for the clinical utility of ctDNA (e.g. in which disease types it is most informative, frequency and prevalence of mutations detected and treatment response according to ctDNA matching) to help support the uptake of liquid biopsies in standard National Health Service practice.

The TARGET National protocol also incorporates flexibility to include additional assays from new commercial or academic partners, as technologies evolve (transcriptomic/metabolomic/immune biomarkers), with the advantage of being readily deployed across the entire ECMC network. The study provides an attractive infrastructure for identifying patients with molecular alterations for early phase trials and may promote new pharmaceutical partnerships for drug development programmes of novel precision medicines in the UK. The infrastructure also permits acquisition of additional samples for translational research models (i.e. cell cultures and animal models) and multi-omic analysis. This integrative approach could potentially provide information about as yet unknown genes or pathways important in cancer biology.

Conclusion

TARGET National is a unique endeavour in its scale to improve the access to liquid-based genomic testing for cancer patients across the country and by identifying patients for molecularly targeted treatments, expanding the access to clinical trials and its educational value in training the next generation of oncologists in clinical application of cancer genomics. eTARGET will serve as an interrogatable database for genomic alterations in the UK, enhancing our ability to identify rare variants, increasingly required in early phase trials of novel agents targeting rare populations.

The flexible protocol for inclusion of emerging technologies opens the door for future collaborators to build on this infrastructure and maximise opportunities for patient access to trials.

Author Contributions

AO-F, ED, AG and MGK were responsible for manuscript preparation and editing.

Conflicts of Interest

M.G. Krebs reports financial support and equipment, drugs, or supplies were provided by F Hoffmann-La Roche Ltd. M.G. Krebs reports a relationship with F Hoffmann-La Roche Ltd that includes: consulting or advisory, funding grants, and speaking and lecture fees. M.G. Krebs reports a relationship with Janssen Pharmaceuticals Inc that includes: consulting or advisory and speaking and lecture fees. M.G. Krebs reports a relationship with BerGenBio ASA that includes: consulting or advisory, funding grants, and travel reimbursement. M.G. Krebs reports a relationship with Immuteq that includes: travel reimbursement. M.G. Krebs reports a relationship with OM Pharma Ltd that includes: consulting or advisory. M.G. Krebs reports a relationship with Seagen Inc that includes: consulting or advisory. M.G. Krebs reports a relationship with AstraZeneca Pharmaceuticals LP that includes: speaking and lecture fees. M.G. Krebs reports a relationship with Guardant Health Inc that includes: consulting or advisory. A. Grey-stoke reports consultancy/speaker fees from Foundation Medicine (Roche); consultancy fees from Guardant Health, Inc.

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