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Letter to the Editor

Challenging the believed proportion of ovarian cancer attributable to BRCA2 versus BRCA1 pathogenic variants



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Dear Editor,

High-grade serous ovarian cancer is known to be one of the most heritable cancers, with a three-fold increase in risk of developing the disease in women with a first-degree relative (FDR) with ovarian cancer [1]. Germline *BRCA1* or *BRCA2* pathogenic variants (PVs) have been reported in approximately 15% of patients with ovarian cancer, and 23% of women with high-grade serous ovarian cancer [2]. Women with *BRCA1* PVs have a

44%–61% cumulative lifetime risk of ovarian cancer and *BRCA2* a 17%–24% cumulative lifetime risk [3,4]. Most of these variants (approximately two-thirds) have been described in the *BRCA1* gene, at a frequency of 8–10% in the overall ovarian cancer population [2,5,6] compared with a frequency of 4.5–5.5% [2,5,6] for *BRCA2* in the overall ovarian cancer population.

On review of the 272 *BRCA1/2* mutations in patients with ovarian cancer identified by the Manchester Centre for Genomic Medicine from index patient full screens, a higher proportion of *BRCA2* to *BRCA1* PVs than generally described was noted with *BRCA2* PVs occurring in 39.0% of this cohort (106/272). In the group of women diagnosed with ovarian cancer who are older than 60 years, the frequency of *BRCA2* PVs rose to 69.6% (48/69), significantly greater than that of a *BRCA1* PV (chi-squared; $p = 3.88 \times 10^{-9}$, see Fig. 1). Age as a continuous variable against *BRCA1* and

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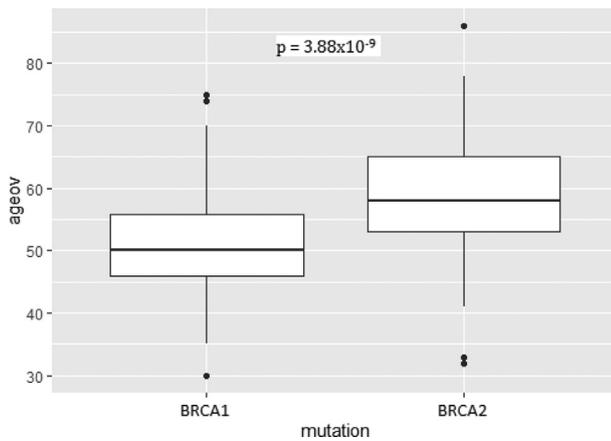


Fig. 1. Boxplot showing difference in age at diagnosis of ovarian cancer among women with pathogenic variants in *BRCA1* versus *BRCA2*.

BRCA2 PVs was also significant (independent two-tailed t test; $p = 9.55 \times 10^{-11}$). In the entire data set of 793 *BRCA1* and 780 *BRCA2* families containing 1,708 female *BRCA1* PV carriers and 1,647 *BRCA2* PV carriers, there were 672 confirmed ovarian cancers in *BRCA1* and *BRCA2* PV carriers, 425 (63.2%) in *BRCA1* and 247 in *BRCA2* (36.8%), similar to the frequencies found in index case screening. Again the majority of those aged ≥ 60 years with ovarian cancer were *BRCA2* carriers (97/161—60.2%), compared with 95/257 (37%) in those aged 50–59 years, 45/204 (22%) in 40–49 year olds and 10/50 (20%) aged < 40 years.

Women were also more likely to carry a *BRCA2* PV compared with a *BRCA1* PV if they had fewer (minimum = 1, maximum = x) family members with ovarian cancer (Wilcoxon rank-sum test; $p = 0.04$). However, there was no significant difference between *BRCA1* and *BRCA2* frequency in sporadic cases without a family history ($n = 48$) compared with those with at least one affected family member ($n = 224$) (chi-squared; $p = 0.12$). Patients were also more likely to carry a *BRCA2* PV if they had a lower Manchester Score (a risk model incorporating details from a patient's personal and family medical history and pathology to give a score indicating likelihood of carrying a pathogenic *BRCA1* or *BRCA2* variant [7]) (Wilcoxon rank-sum test $p = 0.00018$). We also found in the Manchester cohort a higher proportion of *BRCA2* PVs than expected in index ovarian cancer cases compared with FDR (42.8% vs 28.8%, chi-squared; $p = 0.00037$) which likely reflects the younger age of most FDRs (median 48.4, interquartile range 39.52–59.99) and the substantial proportion of those testing positive undertaking risk-reduction salpingo-oophorectomies before age 45 years (415/717; 58% living more than 45 years).

The findings from this analysis are corroborated by some of those reported in the literature; Alsop *et al.* [2] in their 2012 study of 1,001 women with

non-mucinous ovarian carcinoma demonstrated that of 109 women with either a *BRCA1* or *BRCA2* PV, 35.8% had variants in *BRCA2*; however in those diagnosed with ovarian cancer at 61 years or older this increased to 52.6%. Song *et al.* [3] in their 2014 study of 2,222 women with epithelial ovarian cancer also found increasing frequency of *BRCA2* variants at an older age (55.7% in those diagnosed at age > 60 compared with 45.5% in those diagnosed at age < 60 years, to 32.1% in those diagnosed < 50 years, and 33.3% in those diagnosed < 40 [3]). However, neither study highlighted the difference according to age or discussed their findings further. Our findings, backed up by our analysis of other studies [2,3] are at odds with the apparently higher risks for those aged > 60 years with *BRCA1* for ovarian cancer of 55.9/1000 and 29.4/1000 per year compared with 15/1000 and 10.3/1000 in *BRCA2* in two other studies [4,8].

Our findings of a higher prevalence of *BRCA2* PVs in women who developed ovarian cancer at an older age, as well as those with fewer affected family members and a lower Manchester Score compared with women with *BRCA1* PVs, likely reflect the reduced penetrance of *BRCA2* particularly in relation to ovarian cancer compared with *BRCA1* [4,8,9]. The competing mortality from higher risk of early-onset breast cancer risk in *BRCA1* versus *BRCA2* may also contribute to this finding [4,10].

Our data, together with those previously reported [2,3], suggest that the proportion of *BRCA2*-affected patients with ovarian cancer, and in certain populations, the frequency of *BRCA2* PVs, may be higher than the previously thought. This is increasingly highlighted by population-based testing rather than risk-based testing. Future work could determine how cumulative risk of ovarian cancer is affected by incorporating this analysis and using patients aged 60 years as a threshold. We suggest that those women with ovarian cancer at an older age, with few or no affected family members, or with a lower Manchester Score are more likely to carry a *BRCA2* PV than a *BRCA1* PV, irrespective of the overall higher risk of ovarian cancer associated with *BRCA1* PVs. Physicians and genetic counsellors looking after these patients should consider this, given the differing risk profiles and risk management strategies, for individuals carrying PVs in *BRCA1* and *BRCA2* and their relatives.

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Declaration of competing interest

None declared.

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